

Nasonville School Newsletter

Char Ulrich, Principal February 2020



- -2 Groundhog Day
- -3 14 Bounty of Love Collection
- -3 & 4 Parent/Teacher Conferences 3:15 7:15
- -6 100th Day Celebration-Kdgn
- -7 Leadership Assembly 7:40
- -10 11 Scotty's Pizza
- -12 Lincoln's Birthday Math 24 Competition
- -14 **VALENTINE'S DAY**Buddy Day!
- -17 Washington's Birthday (observed)
 Presidents' Day
 NO SCHOOL
- -18 Gr. K & 1 Dental Hygiene Presentations
- -21 Gr. 6 School Forest Trip
- -27 China Chef Night



**Check out the great student artwork in this newsletter!



PRINCIPAL'S CORNER

WHEN TO KEEP YOUR ILL CHILD HOME FROM SCHOOL

As parents we have all had the following scenario happen...you're getting ready to go to work and your child says, "I don't feel good." Your mind immediately goes to all of your tasks for the day as you try to determine if your child really needs to stay home or if they should tough it out.

Keep your child home from school if they have any of the following symptoms:

- Fever (over 100 degrees)
- Lethargy
- Persistent Crying
- Difficulty Breathing
- Influenza
- Diarrhea or Vomiting

By keeping your child home, you will help to lessen the risk of spreading your child's illness to others. Also, if you see a doctor, please be sure to ask them how long your child should be out of school. Often times, children return too early and become ill again very quickly. If your child is prescribed an antibiotic they should remain home for 24 hours after the first dose. If your child has the flu, they should remain home for 24 hours after the fever and other symptoms have stopped.

Be careful to not keep your child home too quickly. Children who are absent for more than 10 days in a school year may be required to obtain physician statements for ongoing absences.



SPELLING BEE FINALISTS

Emelia Woodkey, Rachel Seubert, Ava Heeg and Tyler Nelles earned the right to represent our school at the District Spelling Bee contest January 16^h. They all did a great job of spelling some really difficult words!

We are proud of all of our contestants!



GEOGRAPHY BEE FINALISTS

Congratulations to Ty Fetting, Miriam McKee and Cayley Gosney on being the finalists for the Nasonville School Geography Bee. Miriam will be participating in the next level of competition by completing an online National Geographic Geography Bee test. Good Luck!

VALENTINE DELIVERIES



Kindly refrain from sending balloons and gifts to your children at school for Valentine's Day. Any

Valentine gifts delivered to school will be given to the student at dismissal time.

Plan to celebrate the special day at home with your family, and our teachers will make it special at school too.

UNEXPECTED EARLY DISMISSALS

Tis' the season for unpredictable bad weather. With that in mind it is imperative that families are prepared for unexpected early dismissals. Be sure that your family has a plan in place of how your child(ren) will be getting home.

Please prepare your child with special directions in case school would be canceled during the school day. Does s/he know how to get into the house if you are not home? Does s/he know where to call you?

On days of questionable weather, cancellations will be posted on the radio, WDLB AM 1450, the District website, www.marshfieldschools.org and the Blackboard Calling System will be activated. Cancellations are posted in these areas as soon as they are determined. Please do not inundate the school office with calls inquiring about cancellations without checking these other avenues first.



LUNCH ACCOUNTS

With the beginning of 2020 we would like to remind families with low lunch



account balances to send money to the office. You can also pay online! Your family account balance is sent home weekly if your balance is at \$10.00 or below. Remember, students with a negative balance need to bring money or a cold lunch. If you have any questions or concerns about your account balance, feel free to call Mrs. Junco in the school office.

Free and Reduced Meal applications are available online if needed.

Open School Enrollment Application Dates 2020-2021

If you are anticipating moving out of the Marshfield School District before July 1, 2020, and would like your child to attend a Marshfield School next year, you are required to submit an open enrollment application to the Board of Education between Feb. 3 – April 30.

Application forms are now available and can be obtained at http://www.dpi.wi.gov/open-enrollment. If you have any questions, please contact Tacey or Anne at 715-387-1101 (ext-1109).

Please feel free to share this information with family and friends in our area.



REMINDER...NO SMOKING

A reminder to parents/guardians/adults and community members:

Smoking, use of tobacco products and use of products such as e-cigarettes is not allowed on any school property. This includes inside your personal vehicles while on school property, in parking lots, in school driveways, drop-off areas and so forth. You may be asked to extinguish and discard such products or leave school district property. Please assist us by abiding by this health and safety policy.

MARK YOUR CALENDARS!

Nasonville School 2020 FORWARD TESTING DATES

Grade 3 April 23 - 28

Grade 4 March 23 - 26

April 6 - 8

Grade 5 April 9 - 15

Grade 6 April 16 - 22

*Please make every effort to ensure that your child is present for testing.

Testing will occur throughout the school day.

Please avoid appointments and vacations during your child's testing times.

REGISTRATION 2020-2021

In preparation for student placements for 2020-21, please review your family information in Skyward Family Access, Request Changes. Once logged in, click on Student Info, click on Request Changes for the student on the right side of the screen. View each area to verify or update. Be sure to click Save at the bottom of each screen that you would like to submit changes for. If your military status has changed, please make those changes under Request Changes, Student Information.

If you will not be returning to the School District of Marshfield in September, please notify us of the city, state, and school where you will be moving through the Family Access Contact Us tab in the upper right corner or through your school office as soon as you know.

If you have moved during the school year or will be moving before the start of the new school year and want your child to remain at the school they are currently attending OR if you are requesting your student attend a school other than their neighborhood school for the upcoming school year, please complete the Intradistrict Student Transfer Request found on Family Access under Online Forms. Students approved in prior years do not need to reapply unless there has been a neighborhood school change.

Students currently in 4K will be placed at their neighborhood school. Your child's open house information and teacher placement will be available on Family Access in mid-August.

Current 6th grade students will receive further information from the Marshfield Middle School.





Just a friendly reminder regarding the Simplicity Elementary School branch!

Our initiative is to encourage students to get in the habit of saving their money. Because our focus is on saving, this is a deposit only branch. It's easy to fall into a weekly school routine, and we hope you make us part of yours!

Every Wednesday morning volunteer sixth grade tellers eagerly await the deposits from students and staff to reach their goal of 500 deposits by the end of the school year. If this goal is reached, Simplicity will donate \$500 to your school!

The deposit-only branch is open every Wednesday morning during breakfast (7:15am-7:45am). The branch is located in the school lobby. Your child will receive a money pouch and deposit slips to use at the school branch. A Simplicity staff member will be present to supervise student tellers every week. A Simplicity savings account is required.

If you have any questions or would like to open a savings account, please feel free to contact me!

Alisha Olson, School Branch Coordinator Simplicity Credit Union aolson@simplicity.coop 844.769.2667 x239



REGISTRATION INFORMATION AT MARSHFIELD MIDDLE SCHOOL

6th Grade Registration Nights

Registration for 6th grade students entering 7th grade and their parents will be held in the middle school cafeteria on the following dates:

Monday, March 2 5:30 - 6:30 Grant and Washington Schools

Tuesday, March 3 5:30 - 6:30 Lincoln, Madison, & Nasonville Schools

You may attend the alternate night if you have a conflict.

Any 6th or 7th graders attending any of the non-public schools, openenrolled or are homeschooled in the Unified School District of Marshfield are invited to attend either night.



Summer School

Parents, please look for the Summer School registration online April 14-23. You can register your child(ren) online through <u>Skyward Family Access</u>.

Summer school courses are fun and they keep students learning new and exciting things throughout the summer.







It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech - related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?

said they thought their children spent too much time in front of screens

What parents need to know about SCREEN ADDICTION

HEALTH & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions. treating health conditions.

LACK OF SLEEP

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

LOSS OF INTEREST **IN OTHER THINGS**

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.



CONFIDENCE, SUPPORT & ADVICE

The Children's Commissioner report 'Life in Likes', explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

APPS CAN BE **ADDICTIVE**

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.





LIMIT SCREENTIME

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their devices, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device per week. Remember that your child may need to use devices for their school that your child may need to use devices for their school homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

ENCOURAGE ALTERNATE

It may seem like an obvious solution, but encouraging nt may seem like an obvious solution, but encouraging children to play with their friends, read a book, or playing outdoors will help them realise they can have fun without their device. Playing football, trampolining, camping, going for a walk or swimming are all healthy replacements for screen time. Try to join them in their Outdoor activities to show your support.

LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, make sure you don't. Try setting house rules that the whole family abide by.

LESS TIME MEANS LESS EXPOSURE

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

MOBILE-FREE MEALTIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a and the diffiner daube of restaudant. This hind yearning and quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how their day has been.

REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focussed the next day at school. 20% of teenagers said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.

> 52% of children aged 3-4 go online for nearly 9hrs a week

82% of children aged 5-7 go online for nearly 9.5hrs a week

93% of children aged 8-11 go online for nearly 13.5hrs a week

99% of children aged 12-15 go online for nearly 20.5hrs a week

10

www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety





Kim Ziembo, Director of Teaching & Learning

Recipes for Succeed

Practical Activities to Help Your Child Succeed

READING

FEBRUARY 2020

Refrigerator Poster box as you complete the "recipe." positive behavior. Check off each Just hang your Recipes poster on help develop school success and the refrigerator and sneak in an minutes. These fun activities will activity when you have a few

Acting out story events in order boosts Put on a skit SEQUENCING

your childs sequencing skills, an important part of reading comprehension.

Read a book together. On each index card, have your Ingredients: picture book, three index cards, pencil youngster write a short summary of each part of the story: the beginning, the middle, and the end. Shuffle the cards, and give one to each family member.

The person with the "beginning" card acts out that part of the story. The sec-

ond family member acts out the mid-

there are fewer people, one actor goes twice. In alarger family, two people act out a part together.) dle, and the third person acts out the end. (If

middle ≱6uıuuı6əq;

Ask your youngster smoke detectors. to help you test SAFETY your homes

calendar or set a phone reminder Together, mark a

them. In a letter to her little brother,

audience by deciding what to tell

she might describe a typical school

day. If she writes to the governor,

people. She'll practice writing for an

letters about her school to different

Suggest that your child write

WRITING

(maybe the day you pay your electric bill). Have him note when you replace them, and be sure its at to check the batteries monthly east once a year.

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five common word endings (examples: an, et, ip, op, um) all over his balloon. Stand any consonant and any ending he's touching. Example: His left thumb is on c and his right pinky is on an, so he says can. Is it a real word? Yes—he scores Have each player write 10 consonants (letters other than a,e,i,o,u, and y) and He bats his balloon to any player. That person makes a word by combining Ingredients: one inflated balloon per player, markers, pencil and paper Exploring word families, or words with the same ending, is like being at a party when your family plays this game. in a circle, and pick one player to go first. Word-family balloons

a point. Then, he starts another round by batting his balloon to someone else. Earn 10 points to win.

Egg-carton toss FRACTIONS

Don't throw away that empty egg carton! It makes the perfect tool for working

Ingredients: empty egg cartons (lids cut off), scissors, buttons

put that piece on the floor, stand a few feet away, and try to lob in a few buttons. What fraction of the carton contains buttons? If buttons land in 2 of the 3 sec-Cut an egg carton to make a piece with 3 "dimples" (sections). Let your child

tions, it's $\frac{2}{3}$. Have her empty the carton and toss again. Since there are 3 spots, the denominator (bottom number) will always be 3.

To play with a different denominator, she could use a halfdozen carton (6 spots = a denominator of 6, for sixths)

or a whole carton (twelfths). Or cut a carton into a 4-section piece for fourths or a 2-section

she could explain why her school deserves an

Recipes for Success

Life in the "old days"

HISTORY

FEBRUARY 2020

haracter

ADDITION

paper into 12 squares. Let him write addition problems (2+7, 21+4) on half of them and the answers (9, 25) Take turns flipping over two squares on the rest. Place the squares facewith your youngster. Have him cut down in even rows and columns. at a time, and keep any matches. Play this addition memory game Collect the most matches to win. Say she chooses California during the 1800s. She might imagine panning for gold during the Gold Rush. Her story could include details like what What was life like long ago? Let your youngster pick a location and time Foster interest in the past by having your child imagine life in a difkind of transportation she used, what she ate and wore, and what type

FRIENDLINESS

your work."

about a 10-minute break? Then

you can take a fresh look at

If your child gets stuck while doing home-

SELF-RELIANCE

work, it's natural to want to rescue him.

Instead, help him find a way to get the job

done himself. Example: "How

ask a neighbor about his day, or say hello to day or week. She could wave at a custodian, With your youngster, list ways to try as many as possible in a to be friendly. Encourage her

hurry go ahead of him in line for might let a classmate who's in a the pencil sharpener. Or perhaps Feach your child to be generous with his time-no money required. He

he'll attend a friend's sporting event or offer to proofread a classmate's story.

sentences after she fin-

ishes reading.

"I was surprised when...

She can complete the

OBSERVATION

of observation with this idea. Face each other for 20 seconds. Look carefully at change two things each one another, then turn around. Now Boost your youngster's powers

activities together on this poster.

We finished

Congratulations!

ġ

What is different about and turn back around. remove your watch), untuck your shirt, the other person?

the cashier at a store.

GENEROSITY

that will help her connect with stories

Let your child create a bookmark

READING

of home she lived in. How does that life compare

period, then look up facts and write a story placing herself there.

Ingredients: paper, pencil

ferent era.

to her life now—and which era would she

rather live in?

have her write sentence starters, such as "The setting reminds me of..." or

she reads. On a strip of cardboard,

LISTENING

("Mertily, metrily, metrily," "You are then use it to start a line from another song. from a song. The next person has to listen carefully for the last letter of that line and Sit in a circle. Let someone sing a line my sunshine.")

Keep going until everyone has had a turn.





Signed (child)

gned (parent or adult family member)



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Kim Ziembo, Director of Teaching & Learning

Recipes for Success

Actividades prácticas que contribuyen al éxito de su hijo

eş.

FEBRERO DE 2020 0 0

Estas amenas actividades contribuirán Cartel del Refrigerador al triunfo en la escuela y a desarrollar un comportamiento positivo. Ponga el refrigerador y haga una actividad cuando tenga unos minutos libres. Coloque este cartel de Recetas en

SECUENCIACIÓN Hagan teatro

de una historia su hijo desarrollará destrezas Al representar en orden los acontecimientos

Diga a cada jugador que escriba por todo el globo 10 consonantes (letras que no sean

Ingredientes: un globo inflado por jugador, marcadores, lápiz y papel

Explorar las familias de palabras, o palabras que terminan igual, es

Globos de familias

LECTURA

como estar en una fiesta cuando su familia juegue a este juego.

Este jugador batea su globo a cualquier jugador. Esa persona forma una palabra com-

op, um). Colóquense en círculo y decidan qué jugador empieza el juego.

gar izquierdo esta en la c y su meñique derecho está en an, así que dice can. ¿Existe

esa palabra? Sí, y se anota un punto. A continuación empieza otro tumo bateando

su globo a otra persona. Gana quien

consiga 10 puntos.

binando cualquier consonante y cualquier terminación que toque. Ejemplo: Su pul-

una marca en cada casilla cuando

termine la "receta"

de secuenciación, un importante elemento de la comprensión lectora. Ingredientes: libro de imágenes, tres fichas de cartulina, lápiz Lean juntos un libro. Dígale a su hijo que escriba en cada ficha un resumen breve de cada parte de la historia: la introducción, el nudo y el desenlace. Barajen las fichas y dele una a cada miembro a, e, i, o, u, y) y cinco terminaciones comunes de palabras en inglés (ejemplos: an, et, ip,

dos veces. En una familia más grande, dos personas el final. (Si hay menos personas, un actor actúa parte central y la tercera persona representa La persona con la ficha de la "introduc. ria. El segundo de ustedes representa la ción" representa esa parte de la historepresentan juntas una parte.)

Introducción

3desenlace {

nudog

SEGURIDAD

Pídale a su hijo que le de los detectores de humo. Escriban una ayude a comprobar el funcionamiento

nota en el calendario o un recordatorio en su teléfono para comprobar

nito podría describirle un día típico en va a decirles. En una carta a su herma-

la escuela. Si escribe al gobernador,

cartas a distintas personas hablándoles

Sugiérale a su hija que escriba

ESCRITURA

su escuela. Practicará dirigirse por escrito a una audiencia decidiendo qué

Corten un cartón de huevos para hacer un trozo con 3 "hoyuelos" (secciones). Díga-

Ingredientes: cartones de huevos vacíos (sin las tapas), tijeras, botones

¡No tiren a la basura el cartón de huevos vacío! Es una herramienta perfecta para

trabajar con fracciones.

Lanzamiento a cartones

de huevos

FRACCIONES

lance unos cuantos botones. ¿Qué fracción del cartón contiene botones? Si los boto-

nes caen en 2 de las 3 secciones, es ½. Dígale que vacíe el cartón y lance de nuevo.

Como hay 3 lugares, el denominador (el número de abajo) será

le a su hija que coloque ese trozo en el suelo, que se aleje unos cuantos pasos y que

que sea una vez al año por lo menos. mensualmente el estado de las baterías (por ejemplo el día que paga la factura de la luz). Dígale que anote cuándo las cambia y cerciórense de

> qué merece un premio su escuela.

Para jugar con un denominador distinto podría usar un cartón de media docena (6 lugares = un denominador de

6 para los sextos) o un cartón entero (docea-

de 4 secciones para cuartos o un trozo de 2

secciones para las mitades.

vos). O bien corten un cartón en un trozo



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Recipes for Success

FEBRERO DE 2020

SUMA

los cuadrados bocabajo en filas y columrespuestas (9, 25) en el resto. Coloquen Jueguen a este juego de suma y memocuadrados al mismo tiempo y guárdense Sumas (2+7, 21+4) en la mitad y las los que hagan pareja. Gana quien recoja cuadrados de papel. Tiene que escribir ria con su hijo. Digale que recorte 12 nas iguales. Descubran por turnos dos el mayor número de parejas. ¿Cómo era la vida hace tiempo? Que su hija elija un lugar y un período histórico y busque luego información y escriba una historia situándose en ella.

Estimule el interés por el pasado sugiriéndole a su hija que se imagine la

Ingredientes: papel, lápiz

vida en otra época.

La vida en los "viejos tiempos"

HISTORIA



oro durante la Fiebre del Oro. Su historia podría incluir detalles como el Digamos que elige California en el siglo XIX. Podría imaginar que busca

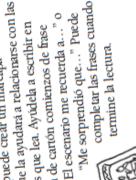
ipo de transporte que usaba, lo que comía y cómo se

compara esa vida con su vida de ahora y en vestía y en qué tipo de casa vivía. ¿Cómo se

qué época prefiere vivir?

LECTURA

ginas que la ayudará a relacionarse con las "Me sorprendió que..." Puede historias que lea. Ayúdela a escribir en como "El escenario me recuerda a..." una tira de cartón comienzos de frase Su hija puede crear un marcapá-



OBSERVACIÓN

vación de su hijo con esta idea. Pónganse cara a cara durante 20 segundos. Mírense con atención y luego dense la vuelta. A Refuerce la capacidad de obser-

actividades juntos en este cartel.

Ferminamos

Felicidades



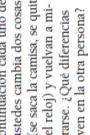
(hijo o hija)

padre, madre o miembro adulto de la familia)

0

0

se saca la camisa, se quita continuación cada uno de ustedes cambia dos cosas el reloj) y vuelvan a mi-



Farácter zincon dej

INDEPENDENCIA

Si su hijo se atasca cuando hace los deberes, es hacer él solo el trabajo. Ejemplo: "¿Qué ayudarle, en cambio, a encontrar la forma de natural que usted quiera rescatarlo. Procure

tal si descansas 10 minutos? Así podrás ver tu trabajo luego con otra perspectiva".

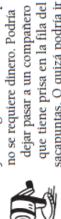
CORDIALIDAD

Haga una lista con su hija de formas de ser cordial. Anímela a como pueda en un día o en que ponga a prueba tantas

preguntarle a la vecina por su día y decirle una semana. Podría saludar a un conserje, hola a la empleada de la tienda.

GENEROSIDAD

Enseñe a su hijo a ser generoso con su tiempo: no se requiere dinero. Podría



sacapuntas. O quizá podría ir al evento deportivo de un amigo o corregir la redacción de un compañero.

ESCUCHAR

Siéntense en círculo. Una persona canta un verso tiene que escuchar con atención y usar la última de una canción en inglés. La siguiente persona letra del verso para empezar un verso de otra canción. ("Merrily, merrily, merrily, merrily," "You are my sunshine.") Sigan cantando

hayan disfrutado hasta que todos de un turno.



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BREAKFAST

Elementary

February 2020

Breakfast Prices:

MEAL PRICES

| | _ | | | |
|-----------|---|--|--|--|
| FRIDAY | 7 HOT Cinnamon Roll | 14 HOT Mini Waffles Fruit Cup 100% Fruit Juice Milk | 21 HOT Pancake/Stick Fruit Cup 100% Fruit Juice Milk | 28 HOT Breakfast Pizza Fruit Cup 100% Fruit Juice Milk |
| THURSDAY | 6 Yogurt Parfait HOMEMADE GRANOLA Strawberries/Blueberries Dried Cranberries & | 13 Purple Daze Smoothie Scooby Crackers Fresh Fruit Milk | 20 Yogurt Parfait HOMEMADE GRANOLA Strawberries/Blueberries Dried Cranberries 🚓 | 27 HOMEMADE COFFEECAKE Nasonville Dairy Cheese Fruit Cup |
| WEDNESDAY | 5 HOT Pancake Bites Fruit Cup 100% Fruit Juice Milk | 12 HOT Soft Filled Cereal Bar Fruit Cup Fresh Fruit | 19 HOT Fruit Strudel Fresh Fruit 100% Fruit Juice Milk | 26 HOT Mini French Toast Fruit Cup Fresh Fruit Milk |
| TUESDAY | 4 Breakfast Bread Fresh Fruit 100% Fruit Juice Milk | 11 Yogurt Cup Frozen Crackers 100% Fruit Juice Milk | 18 Whole Grain Muffin String Cheese Fruit Cup Milk | 25 Mini Cream Cheese Filled Bagels Fruit Cup 100% Fruit Juice Milk |
| MONDAY | 3 Whole Grain Cereal String Cheese Fruit Cup Milk | 10 Breakfast Kit (includes cereal, crackers and 100% Juice) Fruit Cup Milk | 17 No School Today | 24 HOT Oatmeal String Cheese 100% Fruit Juice Milk |

PLO Farm to School

See website for a food allergen/pork listing

Paid (Elementary): \$1.35
Paid (MS/HS): \$1.50
Reduced: \$0.25
Adult/Seconds: \$2.00
Lunch Prices:
Paid (Elementary): \$2.70
Paid (Middle School): \$2.80
Paid (High School): \$3.00
Reduced: \$0.40
Adult/Seconds: \$3.75
Second Entrée: \$2.25

ICE COLD MILK OPTIONS:

Milk: \$0.40

Fat Free White Low Fat White Fat Free Chocolate

All grain and bread products are 100% whole

grain





Elementary

February 2(

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|-----------|---|--|--|--|---|
| FRIDAY | 7 Homemade Chicken Noodle Soup w/ Crackers Fresh Grapes & Pineapple Fresh Broccoli Steamed Peas Orange Sorbet | Chicken Nuggets Chicken Nuggets Apple Slices Mixed Berries Fresh Broccoli Steamed Com Steamed: Cherry Slushy | Hot Cheesy Sticks w/ Marinara Sauce Fresh Clementine Strawbernes Cucumbers Steamed Com | 28 Spaghetti w/ Meat Sauce Garlic Toast Juicy Pears Fresh Apple Slices Crunchy Pepper Sticks Garden Salad w/ Tomatoes | ate counts, pork product |
| THURSDAY | Chicken Snack Wrap Fresh Apple Dried Cranberries Garden Salad w/ Tomatoes Celery Sticks | French Toast Sticks W/ Little Smokies Applesauce Fresh Grapes Crunchy Carrots Cool, Crisp Cucumbers Strawberry Milk | 20 Creamed Chicken over Mashed Potatoes w/ Bun Orange Wedges Juicy Pears Garden Salad w/ Tomatoes Fresh Broccoli | Chicken Nuggets Fresh Grapes Mixed Berries Baked Beans Fresh Broccoli | See website for food allergens, carbohydrate counts, pork product |
| WEDNESDAY | Fresh Clementine Pears Fresh Carrots Steamed Corn | Orange Wedges Pears Carden Salad w/ Tomatoes Baked Beans | Apple Slices Apple Slices Pineapple Fresh Carrots Green Beans V-Blend Juice | 26 BBQ Pork on a Bun Orange Wedges Dried Cranberries Garden Salad w/ Tomatoes Coleslaw | See website |
| TUESDAY | 4 Soft Shell Taco Fiesta Beans Applesauce Orange Wedges Lettuce, Tomatoes, Cheese | Garlic Toast Fresh Apple Mixed Fruit Garden Salad w/ Tomatoes Radishes | Fiesta Beans Peaches Orange Wedges Lettuce, Tomatoes, Cheese | 25 Cheese Pizza √ Applesauce Peaches Fresh Cauliflower Steamed Peas | * |
| MONDAY | Mac & Cheese w/ Diced Ham Fresh Apple Slices Peaches Fresh Carrots Green Beans | Pepperoni Pizza Mandarin Oranges Apple Slices Fresh Carrots Mixed Vegetables | No School | Chicken Strips Orange Wedges Mixed Fruit Fresh Carrots Steamed Broccoli | P |
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Menus are subject to change.

This institution is an equal opportunity provider.

www.marshfieldschools.org

list and all featured recipes.

Featured Recipe

Farm to School Meatless Entree

MEAL PRICES

Paid (Elementary): \$1.35 Adult/Seconds: \$2.00 Paid (MS/HS): \$1.50 Breakfast Prices: Reduced: \$0.25

Paid (Middle School): \$2.80 Paid (Elementary): \$2.70 Paid (High School): \$3.00 Adult/Seconds: \$3.75 Second Entrée: \$2.25 Reduced: \$0.40 Lunch Prices: Milk: \$0.40

Online Meal Payments

can be made through your username/password, please Family Skyward Access. If Online meal payments are now available. Payments you do not have your stop into your school office.



All of our homemade breads and buns are 100% whole grain and baked fresh daily.



available daily: fat free white, low fat white, and fat free Ice cold milk options chocolate.